

# **ALUMNI ALMANAC**

# DEPARTMENT OF PSYCHIATRY, P.G.I.M.E.R. CHANDIGARH, AS ON 04.09.2023



## FOREWORD

### The Alumni "Almanac"

A collection of all the MD and PhD students from the beginning was meticulously maintained and updated by Prof. P. Kulhara, out of his sheer own interest and passion, not as a formal document, for all the years that he was a faculty and later Head of the Department of Psychiatry, PGIMER, Chandigarh. In fact, he was quite proud of it! After his tenure, successive Heads maintained the alumni list. Beginning from 2005, when the first almanac was published in a formal manner (though as a part of the "Souvenir" book) at the time the Department organized the ANCIPS, the document has been updated from time to time. Last time this document was released as a printed document at the time of Golden Jubilee Celebrations of the Department in 2013. Later, in 2017, the Almanac was separated from the book on the Department's history and achievements (the "Journey of the Department").

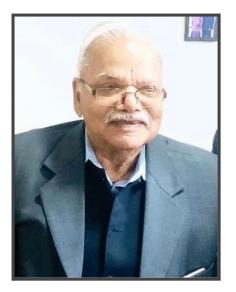
It is a painstaking task facilitated by many faculty members including Dr. Sandeep Grover, Dr. Susanta Padhy, Dr. Ruchita Shah, Dr. Akhilesh Sharma, and now Dr. Swapnajeet Sahoo. *We have made our best efforts to put together all the details of our Alumni in this 2024 update.* 

Since last year, the Almanac has been made available as an open e-document on Google docs, which can be accessed <u>here</u> (or simply search for Alumni Almanac, Department of Psychiatry, PGIMER). The members can view and download this document and request any update or correction. This should give a lot of flexibility to the document, because it is a *"Living Document"*!

I am sure the Almanac will help us to stay connected with one another, revive our memories of the good old times!

Debasish Basu

## Obituary



#### Professor Vijoy K. Varma (06.11.1937 - 11.07.2024)

**Professor Vijoy K. Varma (known to his many generations of students as "VKV")** passed peacefully in sleep in the early hours of 11th July 2024 in Illinois, USA. He had been unwell for a while.

Professor V K Varma was a "teacher of teachers". After his higher studies abroad, he joined the Department of Psychiatry at PGIMER, Chandigarh in 1969 during the formative years of the institute, where he later became the Head of the Department of Psychiatry from 1980 till 1996 December. Along with his famed predecessor, Prof. NN Wig, Prof. Varma was the true architect of the Department. In many senses, he shaped the department's academics, raising generations of students who became eminent psychiatrists themselves in India and abroad. An excellent teacher and an illustrious proponent of psychodynamics and psychotherapy, he also utilised his phenomenal organisational skills to contribute substantially to Indian professional societies. He was the Founding Secretary-General of the Indian Association for Social Psychiatry (and later President and Patron, with a lifelong association with it), and became the President of IPS in 1989. His publications are a pleasure to read, and many are published in the Indian Journal of Psychiatry. His contributions to the then-nascent field of addiction psychiatry in India are also well known. His interests ranged from clinical psychiatry to broader areas of psychology, sociology, anthropology, even mathematics, literature and philosophy. He was a polymath in the true sense of the word.

Importantly, he was not just a "dry academic" - those who had known him will vouch for his vivacity, joviality, congeniality, and wisdom. He was, truly, a 'multi-dimensional' man. And, clearly, above - or beyond - the average.

He is survived by his wife, daughter, son, and their families.

The Department has decided to bring out an e-Book in his memory, which contains remembrances by his younger colleagues, former heads of the department, and direct or indirect students spanning many generations. It also contains his list of publications, compilation of a number of his important articles which are permitted under Creative Commons License, and last but not the least, a number of photographs depicting him in different situations and moods! This is a humble way of showing our respect to the great man.

Let his soul reunite with the Infinite.

#### **Debasish Basu**



#### Dr. Virandra Mohan (15.12.1944 - 12.07.2024)

**Virandra Mohan** was born in a well-respected and affluent family of *Jagirdars* in Lahore (now in Pakistan) on 15<sup>th</sup> December 1944, though because of partition, he was brought up in tough financial conditions. His ancestors were also healers, one of them being in the court of Maharaja Ranjit Singh. After partition, his family came to India and relocated it-self in Solan-Dharampur area of what is now Himachal Pradesh.

He spent his childhood in Dharampur but his schooling was in nearby Solan. He completed his Matriculation in 1961 from Government School, Solan. After that, he entered Government Medical College, Rohtak. He was a very good learner and in 1970 he obtained his Medical Degree. He did internship and house job in Rohtak and spent part of his house job in Psychiatry which made him eligible for getting in the Residency Training Programme in Psychiatry of our Institute. He competed with others and impressed Prof. Wig with his intellect

and potential to become a psychiatrist. This led to his selection as Resident in our department in 1971. He was hard-working and conscientious and obtained MD (Psychiatry) in 1974.

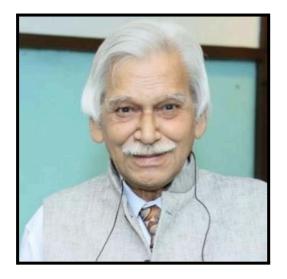
Soon after, in November 1974, he set him-self up in private practice in his home town Dharampur. Being a man of the world, he started as a general practitioner rendering medical services needed by his clients and gradually established him-self as a private psychiatrist with his own hospital and staff. He had a very flourishing practice and he enjoyed the trust of patients and earned respect of his medical and psychiatrist colleagues.

Virandra was a versatile personality. He took keen interest in preservation of the hills around him and was part of a drive for replantation of Pine/Cedar trees. He was a philanthropist and participated keenly in charitable activities. He was a *no-nonsense* man and always called a *spade a spade,* yet he was devoid of malice. He was very hospitable and generous and on numerous occasions took upon himself the task of organizing departmental annual picnic.

Virandra was deeply committed to his family and Is survived by his gracious wife Rani, son Anand who runs a holiday resort, daughter Anuradha who managed his hospital and other business activities and grand-daughter Zoya who is pursuing clinical psychology at Amity University, Noida (she was mentored by her grandfather). He will be missed very much though his memory will be cherished forever.

Rest in peace, our friend and friend of the department!

#### P. Kulhara



#### Dr Dwarka Pershad (01.07.1937 - 03.08.2024)

Dr Dwarka Pershad was born on 1<sup>st</sup> July 1937 in a cloth merchant business family of Agra. He had a simple upbringing and humble background. He joined PGI as a lecturer in 1972. Psychiatry was not even a separate discipline in PGI and in such circumstances to establish a separate division of Clinical Psychology was a huge task which he had to undertake.

Fondly, one remembers Dr. D Pershad as a tall and lanky person, who would walk down from Sector 15 through the Gugga Peer mandir and reach the office by foot. He never learnt driving, would either walk or cycle to work. He would start his day early, by sitting in the clinic in time. He would insist that all his juniors were punctual too. His small room was always abuzz with activity. His office could barely accommodate three chairs and a table. There would be a line of patients waiting. He would assess children for Intelligence, perform other psychological tests and his mornings would be very busy with patients and their relatives. These patients came from ENT, Pediatrics, Neurosurgery, Endocrinology and many other specialties. He

believed that children coming from far away distances like UP, Himachal should be assessed that very day and not postponed or given appointments so that they would not be burdened to come again. Dr D Pershad had devised many indigenous ways of assessment. For the mentally retarded, when it was not possible to use formal tests, he had brought articles from home for use in testing. He could connect with every patient very easily. His assessments were thorough and detailed and he made sincere efforts at the work in hand. He would train students for these skills of evaluation and counselling, while he performed the tests. He used multiple ways of testing, auditory, visual and made sure that he made the correct assessment.

During the course of his career he developed many tests, which are widely used all over India. Some of the popular ones are PGI battery of brain dysfunction, the PGI memory scale for adults, the Dysfunction questionnaire and many alike. These tests are sold commercially and carry his name. He authored many books on Psychology and Statistics, in English and Hindi. He believed that tests developed in the west couldn't be used as such and it was utmost important to translate, adapt, standardise them for use in India. He went on to prepare huge normative data for many tests to be used for generations to come. He was in fact the 'Father of Psychometrics' in India. He always voiced for popularising Indian tests. His journey in Clinical Psychology is marked by more than 100 research publications in the field of Clinical Psychology, PhD's of numerous students, joint investigator of various projects in PGI. Together with another colleague, Dr SK Verma they co-authored many research papers on Statistics, new assessment techniques, and the history of Clinical Psychology. He was an expert in statistics at the time when there was no statistics department in PGI. Residents would come from all departments with their research proposals to discuss their results of study with him. At times, the residents would bring computerised output sheets that they had got done commercially but would need help to read and interpret data. His ability to analyse data which was in the form of numbers was exceptional. He had keen interest in teaching students and short-term trainees. He was very practical in his advice and dealings. A major part of the day was spent in academics, research and

teaching. Dr Pershad was a recipient of many awards and honours in Clinical Psychology. He was a learned teacher to his keen students.

Dr D Pershad served PGI for 25 years and retired as Additional Professor in 1997. After his retirement he was even more active than before. He was travelling all over India like Delhi, Lucknow, Guwahati, Banaras, Ludhiana, conducting workshops, seminars and hands on training for Rorschach and other psychometric tests. He never wasted a minute post his superannuation.

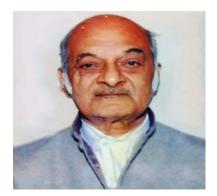
He passed away on 3<sup>rd</sup> August 2024. His sudden death sent waves of shock in the fraternity and students of Psychology. A day before his passing, he had an interactive session with students and on the day following his death he had given an appointment to a client for consultation.

He leaves behind his family of four children, two daughters and two sons. All are married and settled. He lost his wife less than a year back after she suffered a stroke. She was a very affectionate lady and a great partner, ever smiling and hospitable.

A huge vacuum has incurred by his passing away. The fraternity of Clinical Psychology mourned his death and expressed sorrow at the loss. May his soul rest in peace and God give strength to the family to bear the loss.

Personally, I lost a teacher, mentor, my PhD guide, and a father figure. I feel honoured to be writing this as a befitting tribute to my teacher Dr Dwarka Pershad.

#### **Adarsh Kohli**



#### Dr S. K. Verma (24.8.1938 – 31.8.2022)

Dr. Santosh Kumar Verma, known by most of his colleagues and students as "Vermaji" or simply "SKV" (but addressed as Santosh by Prof. NN Wig), was born on 24<sup>th</sup> August, 1938. He hailed from Varanasi. After completing his post-graduation, he did his Diploma in Medical and Social Psychology (DM&SP) from NIMHANS Bangalore in 1964-66. He came to Chandigarh with his wife Smt. Kamlesh, daughter Neelu (Amita) and son Alok and joined PGIMER, Chandigarh on 4<sup>th</sup> August, 1968 in the early formative years of the Institute and the Department (in fact, the independent "Department" of Psychiatry was born in 1968 itself) as a Research Officer in an ICMR Project under Prof. P.L. Wahi and Prof. N.N. Wig. Later, in 1969, he joined the Department of Psychiatry as a Clinical Child Psychologist and completed his PhD in 1975 from the Department of Psychiatry. His Doctoral dissertation was on "Development of Neuroticism scale". Later, he joined as a lecturer in the Department of Psychiatry in 1976 and he superannuated in August 1998, as an Additional Professor. After his retirement he was appointed as Consultant Clinical Psychologist at Govt. Medical College & Hospital Chandigarh and worked there till December 1999.

Dr. S.K. Verma was a great teacher, efficient clinician, and founder of the clinical psychology in PGIMER and overall an avid researcher–academician par excellence. His clinical and academic competence in the field of clinical psychology was far ahead of his time. He served PGIMER for 30 years, was a prolific researcher and has around 350 research publications in various national and international journals to his credit. His areas of interest included clinical

psychology and psychometry. Besides scientific articles & research papers he had authored many chapters, books & booklets on various psychology topics. He carried out a number of research projects, both ICMR and PGI funded. Dr. Verma was a multidimensional man. His achievements in psychology, especially in the fields of development and standardization of various psychometric assessment instruments ("scales") for Indian populations are too evident and well known. He supervised MD and Ph.D thesis of nearly 30-35 students.

Dr. Verma had been a recipient of many awards including best paper award at Silver Jubilee conference of Indian Association of Clinical Psychologists (IACP) in 1984 and IACP Academic Excellence Award 1993.

As a most remarkable and lasting mark of his academic achievement and contribution to the field of clinical psychology in India, Dr. S.K. Verma was the founding editor of the Indian Journal of Clinical Psychology, which started in 1974 and he served as its Editor from 1974 to 1983. Despite several challenges he could bring out the journal regularly and also used to meticulously present the audited statement of accounts in the Annual General Body Meetings of Indian Association of Clinical Psychology. This was much appreciated by all the members.

He identified problems of using Western psychometric tests with Indian patients and his major work involved development, modification and standardization of Psycho-diagnostic tools in simple Hindi for better understanding of the patients. Dr. S.K. Verma had been instrumental in bringing out several assessments tools along with other faculty colleagues at PGI and they are now well known at the National level. Some of these include PGI-Health Questionnaire-N2, PEN questionnaire, Personality trait inventory (PTI), Verbal Adult Intelligence Scale (VAIS), PGI Battery of Brain Dysfunction (PGI-BBD) and many more.

He made genuine contributions in developing indigenous tests and practices, which made PGIMER Chandigarh a pivotal centre for mental health. The mark he made during his tenure at PGI is well documented and is remembered by his colleagues and students from the field of psychology and psychiatry.

While at work he was a silent worker, we never found him sitting idle. He would be always busy writing something. He has written on a wide range of topics. A man of few words, soft spoken always with a smile, his mind was full of

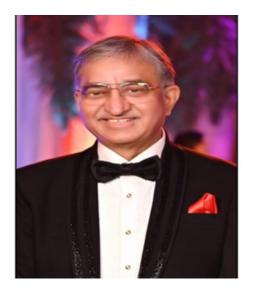
knowledge, which he was always ready to share with his students and colleagues. Whatever he had to say, he would say it in his writings. He was always motivating and encouraging his students. He created an environment of peer review, where you could discuss your pre-publication draft with your colleagues.

We cannot miss mentioning his family - his better half Smt. Kamlesh, better known by all of us as the universal "aunty". She was equally a part of the department. She was very loving, jovial, hospitable, and always looked after the department students with a personal touch. We have very fond memories of Vermaji and his family during annual departmental get-togethers at picnics and dinners.

Professor S.K. Verma will always be remembered professionally as a pillar of psychodiagnostics, unparalleled clinical psychologist and epitome of modesty.

#### **Ritu Nehra**

**Debasish Basu** 



#### Remembering my dear friend- Dr. Rajeev Gupta

#### (18<sup>th</sup> March 1955 - 11<sup>th</sup> June 2022)

Among the batch of doctor aspirants at GGM Science College, Jammu (J&K) in the year 1971, was a fellow student by the name of Rajeev Gupta, a name given to him by his loving teacher at DBN Higher Secondary School Jammu, whom I had earlier heard of by the name of Anil.

Rajeev Gupta was an exceptionally studious yet a brilliant class fellow of mine and we entered the portals of Govt. Medical College, Jammu together in the year 1972. Rajeev was consistent among the toppers in almost all the subjects and was the recipient of Gold Medal at the end of MBBS course. We went on to start our Housemanship in Psychiatry, a choice of subject which was much ahead of its time. He was a curious and rapid learner and at the same time highly focused and ambitious in his career. He joined PGIMER, Chandigarh for a second stint of House job in Psychiatry and started his Junior Residency at the same prestigious Department. I followed him six months later and we had a long association both as Junior as well as Senior

Residents. He continued to be serious in his studies but developed multifarious interests and blossomed into a multifaceted personality. He was cut out for academics in some prestigious institution yet his ambition to cut his teeth early in the profession took him to Ludhiana, where he joined Dayanand Medical College as a faculty member and continued to serve there for nearly next two decades. He later went into full time private practice and made a name for himself as one of the most sought after and successful psychiatrists in private practice.

It was a pleasure for me to see my friend Rajeev transform into a very endearing person with a pleasant disposition, positive frame of mind, ill will towards none and helpful to anyone who came in his contact. He remained highly passionate for the profession and was always full of ideas as to how to improve the mental health of the communities. I do not know how many still remember that he came out with a scientific Journal, Practitioner Update for disseminating latest knowledge in psychiatry for the professionals and was a pioneer in bringing out a public mental health periodical- MediTrack for the general public. He brought out these periodicals as his contribution to the society out of his own resources and pocket expenses. I am witness to his yet another visionary movement of empowering families and caregivers of persons with mental illness through his interactive programs held regularly for some years in Ludhiana. It was a great learning experience for someone like me confined to the tertiary care portals of PGIMER, Chandigarh.

Rajeev always managed to surprise me, particularly towards his later years of life, when he demonstrated an exemplary zest for life. Many may not know that he engaged a teacher to learn singing for over a year and took to singing like a fish takes to water. During the period of forced confinement because of COVID-19 pandemic, he had set apart some hours in the evening to dance and sing with his family. He faced many health challenges but never lost his will to live and to make the best of his life. He established in 2018 Manas Hospital, a centre for mental health care and de-addiction services but soon thereafter he faced the gravest challenge to his health. He courageously looked into his eyes of his imminent Death and mocked it many times over by his faith in Life and God! For him, life was a big celebration and he surprised everyone by announcing that his end is imminent

and he would like to converse and associate with everyone ever associated with him. His last video message while celebrating the festival of Holi to all his friends to enjoy their life is a poignant yet inspiring image for me. Rajeev was a devoted husband and had the exemplary support of his dear wife, Dr. Atima Gupta- a practising pathologist, who provided the best support when he needed the most. He was a loving and dedicated father to Dr. Anshul Mahajan and Dr. Akshit Mahajan- both Psychiatrists, married to Dr. Jyotika (Pathologist) and Dr. Shilpi (Ophthalmologist) and doted over his lovely grandchildren- Samaira and Admya.

Next month the batch of 1972 of Medical College to which we both belong will be celebrating its Golden Jubilee. Hopefully, I shall be there but without my dear friend---

#### Ajit Avasthi

#### Prof and Ex-Head, Department of Psychiatry, PGIMER, Chandigarh

#### Consultant Psychiatrist, Fortis Hospital, Mohali, Punjab

### The Alumni Directory

Sr No.	Name	Photograph	Place/ status	Year of joining	Current affiliation	Contact address and phone no. Email
1.	Harish C. Verma		Deceased	1965		
2.	Dinesh K. Shah		USA	1966		chetan0108@yahoo.com, 001-630-7710010
3.	Roshan Lal Narang		Ludhiana, Punjab	1966	Consultant Private Practice	12, Maya Nagar, Civil Lines, Ludhiana, Punjab <u>roshanlalnarang@yahoo.com</u> , 9988007053
4.	Bharat Raj Swaroop Nakra		Deceased	1968		
5.	Bahadur Chandra Khanna		Dharamshala, H.P.	1968	Consultant Private Practice	9882074441
6.	Niranjan R. Banerjee			1968		

7.	Subhash Chandra Bhatia	USA	1969	Professor Creighton University	4101 Woolworth Ave Omaha NE 68105 USA sub55@cox.net, +1 (402) 399-9283
8.	Sarabjeet Singh Mehndiratta	Jalandhar	1969	Consultant Private Practice	A.N.R. Centre, 309, New JawaharNagar,Near Guru Amar Dass Chowk, Jalandhar CityPhone: 0181-2225850, 5095850 (O) anr_309@yahoo.com
9.	Harish Kumar Malhotra	Deceased	1969		
10.	Parmanand Kulhara	Chandigarh	1970	Consultant Fortis Hospital Mohali	519 Vigyan Vihar, Sector 49 A Chandigarh, param_kulhara@yahoo.co.in 9815612296
11.	Salman Akhtar	United States	1969	ProfessorJefferson Medical College,Philadelphia,	33 S 9th St # 210C Philadelphia, PA 19107, salman.akhtar@jefferson.edu

12.	Anirudh K. Kala	e Briege	Ludhiana	1970	Consultant private Practice	95-A, Mode lGram, New Kochhar Market, Ludhiana - anirudhkala@gmail.com (161) 2773309 / 2772410
13	Virandra Mohan	Deceased	Dharampur,Solan, H.P.	1970	Consultant Private Psychiatrist	9816058585, drvmohan@gmail.com
14	Anindya Ghosh		United Kingdom	1970		Hermons Hill House Haverfordwest Pembrokeshire SA61 1PT UK rghosh5122@gmail.com & rghosh@hotmail.co.uk Tel: 00 44 1437 929737 (L) 00 44 7831 118064 (M)

15	Anil K Suri	Deceased	1970		
16.	Kasturi lal Garg	Chandigarh	1972	Consultant Private Psychiatrist	H.No. 1183, Sector-7, Distt. Panchkula, Haryana, Pin Code 134 109 Phone: 0172-2599800, 0172-3139717 drklgarg@gmail.com
17.	R. Srinivasa Murthy	Bengaluru	1972	Voluntary work for self care for emotional Health	C-301, CASA ANSAL Apartments, J.P.Nagar 3rd Phase, Bangalore-560076 9448697690, smurthy030@gmail.com
18	M.A. Basit		1973		Dr. M.A. Basit, Near Millat College, Bhigo, Darbhanga, Bihar – 846 004
19.	A.A. Beg	Deceased	1973		
20.	S.S. Raju	Deceased	1973	hi	

21	N Krishan Kutty	The life we care	Trivandrum, Kerala	1973	Professor of Psychiaty (Retired)	TC 1522/14, 'Sreegovindam',Kurivayal Road, Pattom, Trivandrum- 695 004 Mobile 94470 51155
22.	Usha S Naik	AT DE LA CALIFICACIÓN DE LA CALIFICACIÚN DE LA CALI	Hyderabad	1974	Currently Consultant Psychiatrist NICE Children's Hospital Masab Tank Hyderabad	naikusha@gmail.com 040 23555144 040 23607456

23.	Savita Malhotra		Chandigarh	1974	Consultant Fortis Hospital Mohali	House number 425 Sector 37 A, 160036 Chandigarh 9872000894, savita.pgi@gmail.com
24.	Sudha Jain	practo	Chandigarh	1974	Consultant Private Psychiatrist	09876111553 drsudhajain2013@gmail.com #1553, Sector 34, Chandigarh
25.	K.P. Mangalwedhe		Deceased			
26	Prakash Behere		Kolhapur, Maharashtra <mark>Deceased</mark>	1976	Vice Chancellor,D Y Patil Univesty, Kolhapur (Maharashtra).	Vice Chancellor, D Y Patil University, Kolhapur , D. Y. Patil Vidyanagar, Kasba Bawda, Kolhapur - 416006, Mobile: 9422840552, 7507479797

27.	Col. Rajinder Singh	Chandigarh	1976	Consultant Psychiatrist Mohali	1734, Sector 33d, Chandigarh, psy33d@gmail.com +(91)-172-3327097, 9876712054
28.	Ravi Aggarwal	Deceased	1976		
29.	Sudhir Khandelwal	New Delhi	1977	Consultant Psychiatrist Holy Family Hospital Delhi	09871823219 sudhir_aiims@yahoo.co.uk
30.	Laxmi Narayan Gupta	Deceased	1977		
31.	C.B. Khare	Singapore Deceased		Retired professor NUH, Singapore	National University Hospital 5 Lower Kent Ridge Road, Singapore 119074

					Telephone: 6772 2002 Fax: 6777 2191dr.chandrasekar@gmail.com
32.	G Gopalkrishnan	Trichy	1978	Consultant Psychiatrist	6, V. N Nagar, Chinthamani, Trichy, Tamil Nadu - 620002, <u>sowmanasya@gmail.com</u> , 0431-5546833, 2704304
33.	Vimal Sharma	United Kingdom	1978	Professor of International Health Development	Vimal.Sharma@cwp.nhs.uk v.sharma@chester.ac.uk <u>University</u> of Chester, Faculty of Health <u>UK number needed</u>

34.	Surinder Dabgotra	Deceased			
35.	HR Phookan	Guwahati	1977.	Prof.& HOD, Dept.of Psychiatry. Gauhati Medical College.	78.T.R.Phookun Road.Bharalumukh.Guwahati- 781009.Assam. hrphookun@gmail.com
36.	P.K.Singh	Patna	1978	<ul> <li>I) Professor &amp; Head</li> <li>Department of Psychiatry</li> <li>Patna Medical College, Patna Bihar, PIN- 800004</li> <li>II) Director Bihar State Institute of Mental Health &amp; Allied</li> </ul>	pkspostline@yahoo.com ShriNiket', Road no 5A, Rajendra Nagar, Patna Bihar, PIN- 800016 PH-09431014800

37	Ram Chandra Jiloha		New Delhi	1979	Sciences (BIMHAS) Koilwar, Bhojpur, Bihar, PIN- 802160 Professor & Head, Psychiatry & Chairman, Rehabilitation Sciences Hamdard Institute of Medical Sciences & Research Jamia Hamdard University, New Delhi 110062	101-B Jamia Hamdard Campus, New Delhi 110062 Phone: 011-29962662, 09899514993 rejiloha@hotmail.com
38.	Rajeev Gupta	practo-	Deceased	1979		

39.	Santosh Kumar Chaturvedi	Bengaluru	1979	Honorary Consultant Psychiatrist, Jagadguru Kripalu Chikitsalaya, Vrindavan. Former Dean & Professor, Department of Psychiatry, NIMHANS, Bengaluru	Villa 83 Mantri Courtyard 2, Nagegowdanpalya, Bangalore 560109 Email <u>skchatur@gmail.com</u> , Phone 9845472975
40.	C.R. Chandrashekhar	Australia	1979		dr.chandrasekar@gmail.com, 6, Kasavan, Mahalingapuram, Chennai
41.	Rashmi Parhee	United Kingdom	1979	Consultant in General Adult and Community, Psychiatry The Royal College of Psychiatrists, London	31 Highfield Park, Liverpool, L31 6EA, UK Phone: 00442847062 (home), 00447801970920 (mobile)UK rashmi.parhee@cwp.nhs.uk, rashmi8@yahoo.com
42.	Ajit Avasthi	Mohali Punjab	1980	Consultant Psychiatrist Chuttani Medical Centre Chandigarh and Fortis Hospital Mohali	Mohali (Punjab) 09872065200, drajitavasthi@yahoo.co.in

43.	VLN Pant	USA	1980		panth@voruganti.net
44.	Ajaya K. Upadhyaya	U.K.	1981	Psychiatrist, Hertfordshire Partnership NHS Foundation Trust Seward Lodge Lilbourne Drive Hertford Hertfordshire SG137HL	235 schaumburg rd Hoffman Estates, IL 60195 Tel: 01992 517485 Fax: 01992 517470 Email: ajayaup@aol.com
45.	Roop Chand Sidana	Shri Ganga Nagar	1981	Consultant Private Psychiatrist	1 B4 Sukharia Nagar Sriganganagar Rajasthan Pin335001 Phone 0154 2472359 Mobile 9414087359 drroop67@gmail.com
46.	Surendra Kumar Mattoo	Chandigarh	1981	Adesh Medical College & Hospital, MOHRI, Kurukshetra, Haryana	+91-7087009804 skmattoo@ymail.com 1358, Sector 40-B, Chandigarh -160036

47.	Deepak Kelkar	•practo•	Akola	1981	Consultant Private Psychiatrist	Kelkar Hospital, Complex, Ramdas Peth, Akola - (M.H.) - 444001 9822570101 dkdeepakkelkar736@gmail.com dipak_kelkar@hotmail.com
48.	Satish C Girimaji		Bengaluru	1981	Retired Professor, Dean and Director NIMHANS, Bangalore	drgirimaji@gmail.com 080-26995266 / 26995351, 08026995266
49.	Naresh Kumar Sharma		Kangra, Himachal Pradesh	1981	Consultant Private Psychiatrist	Nagrota Bagwan, Diwan Bagh, Kangra, Himachal Pradesh, India – 176047 +91-9418012150

50.	Sunil Mittal	practo	New Delhi	1981	Consultant Private Psychiatrist	#35, Defence Enclave, Vikas Marg. Landmark:Opp to Preet Vihar petrol pump, Delhi Mobile phone: +91 9811080262 E-mail: cosmoshospitals@gmail.com sunil.manu@gmail.com
51.	P.S.V.N. Sharma		Manipal	1981	Professor and Head, Dept. of Psychiatry, Kasturba Medical College & Hospital, Manipal 576104, Kamataka	Phone: 0820 2571201 ext 22217 psvn.sharma@manipal.edu
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